



west Citylauf 2004 Jedermann über 3.2 KM

Sonntag, 11. Juli 2004

west ENERGIE und VERKEHR

TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	AK	Min/KM	Z-Diff
1		00:10:49.3	426	Fischermann, René		TV Erkelenz	1986	MJugA	03:22,8	00:00:00
2		00:11:09.7	730	Koenigs, Raimund		SC Myhl LA	1958	M45	03:29,1	00:00:20
3		00:11:11.8	886	Kozak, Guido		TuS Jahn Hilfarth	1979	MHK	03:29,7	00:00:22
4		00:11:13.5	554	Böhm, Stefan		TuS Wegberg	1986	MJugA	03:30,3	00:00:24
5		00:11:20.4	442	Lönes, Thomas		LAZ Mönchengladb	1990	MSch14	03:32,5	00:00:31
6		00:11:24.5	319	Offergeld, Christoph		Heinsberg	1983	MHK	03:33,8	00:00:35
7		00:11:34.6	816	Boebel, Norbert		TV Erkelenz	1964	M40	03:36,9	00:00:45
8		00:12:01.7	255	Mohrhenn, Sebastian		LT Keyenberg	1985	MJugA	03:45,3	00:01:12
1	W	00:12:08.0	449	Witt, Felicitas		CNE Team-Essen 9	1982	WHK	03:47,5	00:00:00
9		00:12:20.3	890	Habalov, Ilja		Gymnasium Odenk	1986	MJugA	03:51,3	00:01:31
10		00:12:20.4	888	Jansen, Johannes		Gymnasium Odenk	1986	MJugA	03:51,3	00:01:31
2	W	00:12:27.0	812	Glaner, Jessica		LGO Dortmund	1988	WJugB	03:53,4	00:00:19
3	W	00:12:28.4	948	Redenz, Ursula		LAC Eupen	1959	W45	03:53,8	00:00:20
11		00:12:42.4	137	Keller, Markus		AOK Rheinland GS	1977	MHK	03:58,1	00:01:53
12		00:12:49.8	269	Bons, Kevin		Erkelenz Rollis	1994	MSch10	04:00,3	00:02:00
13		00:12:54.0	37	Masjosthusmann, Gerc		Hückelhoven-Brack	1962	M40	04:01,9	00:02:05
14		00:13:14.0	577	Kirsch, Friedbert		VfR Unterbruch	1970	M30	04:08,1	00:02:25
15		00:13:31.9	763	Hallen, Harald		Erkelenz	1966	M35	04:13,4	00:02:42
16		00:13:33.2	939	Neuhoff, Rolf		LT Mönchengladba	1950	M50	04:14,1	00:02:44
17		00:13:49.8	206	Zschesch, Ingo		Erkelenz	1964	M40	04:19,1	00:03:00
4	W	00:13:58.6	402	Tholen, Maria		Realschule Selfkan	1991	WSch13	04:21,9	00:01:50
18		00:14:02.5	474	Settels, Walter		SC 1920 Myhl	1952	M50	04:23,1	00:03:13
19		00:14:06.2	889	Czech, Christian		LT Die Insel	1967	M35	04:24,4	00:03:17
20		00:14:13.5	962	Glasmacher, Patrick		Schule Dahleener S	1989	MSch15	04:26,6	00:03:24
21		00:14:13.8	963	Gerdan, Mahmut		Schule Dahleener S	1985	MJugA	04:26,6	00:03:24
22		00:14:15.6	270	Kurdi, Yasser		Erkelenz Rollis	1989	MSch15	04:27,2	00:03:26
23		00:14:21.0	568	Gillessen, Gottfried		DJK Gillrath 1911	1957	M45	04:29,1	00:03:32
5	W	00:14:21.9	247	Friedrich, Simone		Waldfeucht/Bocket	1986	WJugA	04:29,1	00:02:13
24		00:14:34.1	949	Bündgens, Valentia		Alemannia Aachen	1947	M55	04:33,1	00:03:45
25		00:14:34.9	187	Jansen, Christian		Schiedsrichter	1986	MJugA	04:33,1	00:03:45
26		00:14:35.3	342	Muckel, Stephan		Erkelenz	1980	MHK	04:33,4	00:03:46
6	W	00:14:37.4	576	Grief, Elfriede		VfR Unterbruch	1967	W35	04:34,1	00:02:29
27		00:14:51.6	400	Hamacher, Fritz		Realschule Selfkan	1992	MSch12	04:38,4	00:04:02
28		00:15:03.5	878	Buchmann, Dirk		Erkelenz	1984	MHK	04:42,2	00:04:14
7	W	00:15:05.0	690	Hastenrath, Anke		Hückelhoven	1991	WSch13	04:42,8	00:02:57
29		00:15:06.7	672	Kreitmayer, Wolfgang		Union Krefeld	1961	M40	04:43,1	00:04:17
30		00:15:13.5	895	Gunter, Lorenz		LT Mönchengladba	1950	M50	04:45,3	00:04:24
31		00:15:29.9	352	Hermanns, Elmar		BSG Volksbank Erl	1955	M45	04:50,3	00:04:40
32		00:15:37.3	401	Henning, Marcel		Realschule Selfkan	1991	MSch13	04:52,8	00:04:48
33		00:15:39.3	85	Stabenow, Werner		Erkelenz	1953	M50	04:53,4	00:04:50
34		00:15:44.8	405	Zimmermann, Patrick		Realschule Selfkan	1989	MSch15	04:55,0	00:04:55
35		00:15:45.9	575	Ezilius, Johannes		VfR Unterbruch	1991	MSch13	04:55,3	00:04:56
36		00:15:53.7	349	Vehling, Hans		LAZ Mönchengladb	1945	M55	04:57,8	00:05:04
8	W	00:15:57.4	927	Wanless, Kerri		Düsseldorf	1969	W35	04:59,1	00:03:49
37		00:15:59.8	844	Huft, Gerd		Erkelenz	1963	M40	04:59,7	00:05:10
38		00:16:00.1	556	Schmitz, Markus		Wegberg	1971	M30	05:00,0	00:05:11
39		00:16:02.4	332	Margosch, Marcel		Düsseldorf	1991	MSch13	05:00,6	00:05:13
40		00:16:06.7	42	Sieberichs, Baba Hans		Trötemann Hilfarth	1957	M45	05:01,9	00:05:17
41		00:16:07.6	937	Ruiss, Stephan		Hückelhoven	1969	M35	05:02,2	00:05:18
42		00:16:08.5	40	Meertz, Bernd		TuS Jahn Hilfarth	1967	M35	05:02,5	00:05:19
43		00:16:08.7	43	Königs, Gottfried		VSV Grenzland We	1959	M45	05:02,5	00:05:19
44		00:16:08.7	956	Weber, Jürgen		Hückelhoven	1956	M45	05:02,5	00:05:19
45		00:16:09.6	438	Wolf, Andreas		DLRG Hückelhover	1965	M35	05:02,8	00:05:20
9	W	00:16:09.9	869	Frohnhofen, Anna		Gymnasium Hücke	1987	WJugB	05:02,8	00:04:01
10	W	00:16:24.0	473	Settels, Karla		SC 1920 Myhl	1953	W50	05:07,5	00:04:16
46		00:16:24.5	136	Hübgens, Otto		AOK Rheinland GS	1955	M45	05:07,5	00:05:35
47		00:16:34.4	544	Böhm, Peter		Erkelenz	1960	M40	05:10,6	00:05:45
11	W	00:16:42.8	856	Grotheer, Beate		Erkelenz	1966	W35	05:13,1	00:04:34
48		00:16:46.0	457	Stolberg, Patrick		Heinsberg	1968	M35	05:14,4	00:05:57
49		00:16:51.0	331	Margosch, Mike		Düsseldorf	1991	MSch13	05:16,9	00:06:02
12	W	00:16:52.2	406	Jansen, Natascha		Realschule Selfkan	1989	WSch15	05:16,3	00:04:44

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum

Bernd-R. Steffens An Sichelscheid 43 52134 Herzogenrath Tel.:02407-918667 - www.teamsoft-sportzeit.de



west Citylauf 2004 Jedermann über 3.2 KM

Sonntag, 11. Juli 2004

west ENERGIE und VERKEHR

TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	AK	Min/KM	Z-Diff
13	W	00:16:56.8	842	Vanderfuhr, Wiltrud		Erkelenz	1964	W40	05:17,5	00:04:48
50		00:17:03.4	955	Jansen, Thomas		Realschule Gangeli	1992	MSch12	05:19,7	00:06:14
51		00:17:15.7	961	Garcia, Markus		Schule Dahleener S	1986	MJugA	05:23,4	00:06:26
52		00:17:16.5	965	Merbecks, Thomas		Schule Dahleener S	1981	MHK	05:23,8	00:06:27
14	W	00:17:26.9	871	Lehrich, Silvia		Gymnasium Hücke	1986	WJugA	05:26,9	00:05:18
15	W	00:17:30.3	579	Tetz, Sancia		VfR Unterbruch	1975	WHK	05:28,1	00:05:22
53		00:17:37.8	138	Kuhlen, Paul		AOK Rheinland GS	1964	M40	05:30,3	00:06:48
16	W	00:18:04.2	870	Mildebrath, Andrea		Übach-Palenberg	1965	W35	05:38,8	00:05:56
17	W	00:18:12.3	578	Lüthe, Brigitte		VfR Unterbruch	1955	W45	05:41,3	00:06:04
54		00:18:13.5	879	Buchmann, Andre		Heinsberg	1976	MHK	05:41,6	00:07:24
55		00:18:37.7	876	Forg, Florian		Matzerath	1993	MSch11	05:49,1	00:07:48
56		00:18:38.6	877	Forg, Hermann		Matzerath	1963	M40	05:49,4	00:07:49
18	W	00:18:38.9	238	Beckers, Gabi		DJK Wassenberg	1963	W40	05:49,4	00:06:30
19	W	00:18:52.2	545	Böhm, Martina		Erkelenz	1960	W40	05:53,8	00:06:44
57		00:18:52.6	546	Böhm, Christoph		Erkelenz	1986	MJugA	05:53,8	00:08:03
58		00:19:01.2	964	Kula, Christof		Schule Dahleener S	1983	MHK	05:56,6	00:08:12
20	W	00:20:11.6	133	Engeln, Margarete		AOK Rheinland GS	1961	W40	06:18,4	00:08:03
21	W	00:20:38.6	329	Müller, Alexandra		Erkelenz	1960	W40	06:26,9	00:08:30
59		00:21:28.7	769	Sielaff, Hans Jürgen		DJK Gillrath 1911	1945	M55	06:42,5	00:10:39
60		00:22:59.2	970	Kossin, Siegfried		Köln	1954	M50	07:11,9	00:12:10
61		00:24:03.4	351	Henßen, Alfred		BSG Volksbank Erl	1954	M50	07:31,9	00:13:14
22	W	00:24:16.5	135	Geiser, Vanessa		AOK Rheinland GS	1977	WHK	07:35,0	00:12:08